

**CURRICULUM VITAE**  
**OF**  
**ANTHONY JOHN MANDER**

## ***Anthony John MANDER***

### ***Education***

***1965 - 1970***

City Grammar School, Lincoln

***1972 - 1973***

Institute of Pathology and Tropical Medicine,  
RAF Halton, Aylesbury

***1975 - 1977***

Lincoln College of Technology

***1977 - 1982***

University of Wales College of Medicine, Cardiff

### ***Degrees and Qualifications***

***1973***

ONC Medical Laboratory Sciences

***1975***

HNC Medical Laboratory Subjects and Clinical Chemistry

***1982***

MB ChB (Wales)

***1986***

MPhil (Edinburgh)

***1986***

MRCPsych

***1989***

MD (Wales)

***1991***

FRANZCP

***2000***

Postgraduate Certificate in Health Services Management

***2002***

FRACMA, FCHSE

## ***Anthony John MANDER***

### ***Cognitive Therapy Training***

***1990***

*Institute for Rational Emotive Therapy:*

Primary Certificate (Melbourne)

***1991***

Advanced Certificate (Sydney)

***1994***

Associate Fellowship (New York)

***1994***

*University of Western Australia:*

Cognitive Therapy Unit of Clinical MPsych

*Cognitive Therapy Centre, Newcastle, UK*

***1998***

Visiting Fellow with Professor Ivy Blackburn

### ***Cognitive Therapy Teaching***

***Since 1995***

Psychiatry Registrars for RANZCP

***Since 1996***

CBT Workshops for General Practitioners

***Since 1999***

CBT Training for GP Registrars

### ***Prizes and Scholarships***

***1981***

Mental Health Foundation Bronze Award

***1982***

Peter Scott Memorial Trust Scholarship

***1985***

Wellcome University Research Scholarship

***1994***

Summer Fellowship, Institute for Rational Emotive Therapy  
(New York)

## ***Anthony John MANDER***

### ***Posts Held Prior to Medical School***

***1970 - 1972***

Nursing Assistant (Royal Navy)

***1972 - 1974***

Laboratory Technician (Royal Navy)

***1974 - 1975***

Medical Laboratory Science Officer, Kidderminster General Hospital

### ***Experience During Medical Training***

#### ***a) Pre-registration***

***Aug 1982 - Oct 1982***

House Physician (Cardiology)  
University Hospital of Wales, Cardiff

***Nov 1982 - Jan 1983***

House Physician (Geriatrics)  
Cardiff Royal Infirmary

***Feb 1983 - Jul 1983***

House Surgeon (General Surgery)  
Royal Gwent Hospital, Newport, South Wales

#### ***b) Psychiatry***

***Aug 1983 - Dec 1986***

***Appointed to the Edinburgh  
Psychiatric Rotational Training  
Scheme***

***Aug 1983 - Jul 1984***

Senior House Officer (General adult psychiatry and alcohol problems), Royal Edinburgh Hospital

***Aug 1984 - Jan 1985***

Registrar (Psychogeriatrics)  
Rosslynlee Hospital, Roslin, Midlothian

***Feb 1985 - Jul 1985***

Research Fellow, University of Edinburgh  
(Supervisors; Prof R. E. Kendell, Dr J. Chick).

***Aug 1985 - Jan 1986***

Registrar (Rehabilitation), Royal Edinburgh Hospital

***Feb 1986 - Jul 1986***

Registrar (Child and Family Psychiatry),  
Royal Hospital for Sick Children, Edinburgh

***Aug 1986 - Dec 1986***

Registrar (Professorial Unit, Prof I. Oswald),  
Royal Edinburgh Hospital

## ***Anthony John MANDER***

***Jan 1987 - Dec 1989***

***Appointed Lecturer in Edinburgh University Department of Psychiatry and Honorary Senior Registrar in Psychiatry, Lothian Health Board.***

***Jan 1987 - Sep 1987***

Lecturer (Liaison Psychiatry),  
Royal Infirmary, Edinburgh

***Oct 1987 - Mar 1989***

Lecturer (Professorial Unit)  
Royal Edinburgh Hospital

***Apr 1989 - Dec 1989***

Lecturer (Forensic Psychiatry),  
Royal Edinburgh Hospital

### ***Consultant Experience***

***Jan 1990 - May 1991***

Appointed Consultant in General Adult Psychiatry, Royal Park Hospital (0.5) and Consultant and General Manager, Mount Alexander Community Mental Health Clinic (0.5), Victoria, Australia

***May 1991 - Jul 1992***

Appointed Consultant in General Adult Psychiatry, Graylands Hospital, Perth, Western Australia

***Aug 1992 - May 1996***

Appointed Consultant Psychiatrist, Royal Perth Hospital, Perth, Western Australia

***June 1996 – June 2001***

Appointed Head of Department, Department of Psychiatry, Inner City Mental Health Service, Royal Perth Hospital  
Divisional Director, Clinical Neurosciences Division, Royal Perth Hospital and Consultant Psychiatrist, ICMHS (Division includes Mental Health and Neurology)

***Jul 2001 – Jul 2005***

Director of Quality, Royal Perth Hospital (part time)

***Jul 2003- Jul 2005***

***July 2005 – Jan 2016***

Consultant Psychiatrist, Mirrabooka Community MHS

***Current***

Consultant Psychiatrist in Private Practice and in Medicolegal Practice as part of Next Psychiatric Group

## ***Anthony John MANDER***

### ***Teaching***

***1982 - Present***

I have taught various courses to nursing staff, medical students, registrars, dental students, general practitioners and psychology postgraduates.

### ***Management and Administration***

***1986***

Formal management training organised by the Scottish Health Service Management Development Group

***2002***

Clinical Fellow of the Royal Australasian College of Medical Administrators

***2002***

Diploma in Health Service Management

***2002***

Fellow of the Australian College of Health Service

Executives

### ***Quality***

***2000 - 2005***

Quality Surveyor for the Australian Council of Health Services

***2003***

Trained and experienced in Root Cause Analysis

### ***Royal Australian and New Zealand College of Psychiatrists***

***1992 - 1994***

Secretary, WA Branch

***1996 - 1998***

Media Spokesperson on Affective Disorders and CBT

### ***Psychologists Board of Western Australia***

***1995 - 1998***

Full member, representative of RANZCP (WA)

## *Anthony John MANDER*

### *Publications*

#### *Affective Disorders*

1. Copolov DL, Rubin RT, Mander AJ et al. Pre and post dexamethasone salivary cortisol concentrations in major depression. Psychoneuroendocrinology 1985; **10**: 461-467.
2. Mander AJ. Is lithium justified after one manic episode? Acta Psychiatrica Scandinavia 1986; **73**: 60-67.
3. Mander AJ. Is there a lithium withdrawal syndrome? British Journal of Psychiatry 1986; **149**: 498-501.
4. Copolov DL, Rubin RT, Mander AJ et al. DSM-III melancholia: Do the criteria accurately and reliably distinguish endogenous pattern depression? Journal of Affective Disorder 1986; **10**: 191-202.
5. Mander AJ. Clinical prediction of outcome and lithium response in bipolar affective disorder. Journal of Affective Disorder 1986; **11**: 35-41.
6. Mander AJ. Mania: The First Illness (MPhil Thesis). Edinburgh 1986: University of Edinburgh.
7. Mander AJ, Whitfield A, Kean DM et al. Cerebral and brain stem changes after ECT revealed by magnetic resonance imaging. British Journal of Psychiatry 1987; **151**: 69-71.
8. Mander AJ, Loudon JB. The rapid recurrence of mania following abrupt discontinuation of lithium. Lancet 1988; **ii**: 15-17.
9. Mander AJ. The use of lithium and early relapse in manic depressive illness. Acta Psychiatrica Scandinavia 1988; **78**: 198-200.
10. Mander AJ. Prediction of early relapse after lithium discontinuation. Irish Journal of Psychological Medicine 1989; **6**: 23-25.
11. Copolov DL, Rubin RT, Sutart GW, Poland RE, Mander AJ et al. Specificity of the salivary cortisol DST across psychiatric diagnosis. Biological Psychiatry 1989; **25**: 879-893.
12. Mander AJ, Loudon JB. Clinical sequelae of lithium discontinuation. Psychiatry Digest 1989; **3**: 26-27.
13. Markar H, Mander AJ. Efficacy of lithium prophylaxis in clinical practice. British Journal of Psychiatry 1989; **155**: 496-500.
14. Mander AJ, Rubin RT, Copolov, DL et al. Predictive power of the salivary cortisol dexamethasone suppression test for three year outcome in major depressive illness. Journal of Psychiatric Research 1989; **23**: 151-156.

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### ***Publications***

15. Mander AJ. Diagnostic change, lithium use and admissions for mania in Edinburgh. Acta Psychiatrica Scandinavica 1989; **80**: 434-436.
16. Mander AJ. The early signs of manic relapse after lithium discontinuation and their clinical implications. Irish Journal of Psychological Medicine 1990; **7**: 42-45.
17. Souza FGM, Mander AJ, Goodwin, GM. The efficacy of lithium prophylaxis of unipolar depression: Evidence from its discontinuation. British Journal of Psychiatry 1990; **157**: 718-722.
18. Goodwin GM, Souza FGM, Mander AJ. Lessons from the withdrawal of lithium prophylaxis. In Raagni G, Brunello N, Fukada T (Eds). Biological Psychiatry vol 1: Elsevier 1991.
19. Souza FGM, Mander AJ, Foggo M et al. The effect of lithium discontinuation and the non effect of inositol on thyroid hormones and cortisol in patients with bipolar affective disorder. Journal of Affective Disorders 1991; **22**: 165-170.
20. Mander AJ. The manic readmissions explosion in Edinburgh. Irish Journal of Psychological Medicine 1992; **9**: 26-29.
21. Kehoe RF, Mander AJ. Lithium treatment; prescribing and monitoring habits in hospital and general practice. British Medical Journal 1992; **304**: 552-554.

### ***Alcohol Problems***

22. Mander AJ, Smith MA, Kean DM et al. Brain water measured in volunteers after alcohol and vasopressin. Lancet 1985; **ii**: 1075.
23. Smith MA, Chick JD, Engleman HM, Kean DM, Mander AJ et al. Brain hydration during alcohol withdrawal in alcoholics measured by magnetic resonance imaging. Drug and Alcohol Dependence 1998; **21**: 25-28.
24. Mander AJ, Weppner GJ, Chick JD et al. An NMR study of cerebral oedema and its biological correlates during withdrawal from alcohol. Alcohol and Alcoholism 1988; **23**: 97-102.
25. Mander AJ, Young A, Chick J et al. NMR T1 relaxation time of the brain during alcohol withdrawal and its lack of relationship with symptoms severity. British Journal of Addiction 1989; **84**: 669-672.
26. Chick JD, Smith MA, Engleman Helen McGowan, Kean DM, Mander AJ et al. Magnetic resonance imaging of the brain in alcoholics; lifetime alcohol consumption and cognitive deficits. Alcoholism: Clinical and Experimental Research 1989; **13**: 512-518
27. Mander AJ, Young A, Chick J et al. Relationship of ventricle to brain ratio and T1 in alcoholics: an MRI study. Drug and Alcohol Dependence 1989; **24**: 57-59.



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### *Publications*

28. Mander AJ. Alcohol Dependence: Changes in the MRI T1 Relaxation Time and its Anatomical, Physiological and Biochemical Correlates (MD Thesis). Cardiff 1989: University of Wales.
29. Mander AJ, Young A, MacDonald TM et al. Blood pressure, renin-angiotensin-aldosterone axis and cortisol changes during withdrawal from alcohol. Alcohol and Alcoholism 1989; **24**: 409-414.
30. Mander AJ, Young A, Merrick MV et al. Fluid balance, vasopressin and withdrawal symptoms during detoxification from alcohol. Drug and Alcohol Dependence 1989; **24**: 233-237.
31. Mander AJ, Best JJK. Does cerebral oedema contribute to the alcohol withdrawal syndrome?: A review of the clinical and MRI evidence. Internal Medicine for the Specialist 1989; **10**: 99-102.

### *Management*

32. Mander AJ. Donford: A case management study. Clinician in Management 1999; **8**: 227-230.
33. Mander AJ. Evaluating an integrated mental health service. In: Enhancing Mental Health Services, pp34-36, HDWA 2000; Perth, WA.
34. Mander AJ. Development of an integrated mental health service. Clinician in Management, 2001; **10**: 135-146.
35. Mander A, Gomes A, Castle D. The management of change in a community mental health team. Australian Health Review, 2002; **24**: 118-124

### *Miscellaneous*

36. Mander AJ. Admission to medical school - a personal experience. Gazette of the Institute of Medical Laboratory Sciences 1983; **XXVII**: 213-214.
37. Mander AJ. Alcohol: Friend of fiend? South Glamorgan Council on Alcoholism 1984.
38. Mander AJ, Norton B, Hoare P. The effect of maternal psychotic illness on a child. British Journal of Psychiatry 1987; **151**: 648-650.
39. Mander AJ, Goodwin G. The neuroendocrinology of psychiatric disorders. Hospital Update 1990; **16**: 211-227.
40. Kehoe R, Mander AJ. The Edinburgh lithium register. Psychiatric Bulletin 1989; **13**: 611-612.
41. Masterton G, Mander AJ. Psychiatric emergencies, Scotland and the World Cup. British Journal of Psychiatry 1990; **156**: 475-478.

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### *Publications*

42. Mander AJ, Chiswick D. Forensic psychiatric services in South East Scotland. Psychiatry, Psychology and the Law 1994; **1**: 199-203.
43. Mander AJ. A summer fellowship with Albert Ellis. Psychiatric Bulletin 1995; **19**: 501-503.
44. Mander AJ. Hypnosis in the treatment of dysphonia. Australian Journal of Clinical and Experimental Hypnosis 1998; **26**: 43-48.